

Sussex Schools Swimming Association

Secondary Schools Relays - East Sussex

Wednesday 5th October 2022

Pavilions in the Park, Horsham @ 1200

Sussex Schools Swimming Association is affiliated to the South-East Schools Swimming Association.

The event will be swum under ASA laws

IMPORTANT information:

This gala is run without marshalling of swimmers for each heat.

It is ESSENTIAL that schools ensure that their swimmers are ready at the starting end BEFORE the end of the previous heat. If they are not in position we will not have time to wait for them and they will MISS their swim. [If time allows any missed swims may be added at the end of the gala but this is not guaranteed]

At the end of their swim the last swimmer should remain in their lane holding the lane rope until asked to clear by the referee. Other swimmers should leave the pool to the side

Event 1 Senior Girls 4x50m Freestyle Relay

Heat 1

- 1 _____
- 2 Heathfield Community College B _____
- 3 Cardinal Newman Catholic School _____
- 4 Brighton College _____
- 5 Millais Secondary School _____
- 6 Ardingly College _____
- 7 Battle Abbey School _____
- 8 Bishop Luffa _____

Heat 2

- 1 _____
- 2 Heathfield Community College _____
- 3 Roedean School _____
- 4 Worthing High _____
- 5 Eastbourne College _____
- 6 Hurstpierpoint College _____
- 7 Seaford Head School _____
- 8 _____

Event 2 Intermediate Girls 4x50m Freestyle Relay

Heat 1

- 1 _____
- 2 Millais Secondary School B _____
- 3 Worthing High _____
- 4 Battle Abbey School _____
- 5 Eastbourne College _____
- 6 Ark Alexandra Academy _____
- 7 Ardingly College _____
- 8 _____

Heat 2

- 1 _____
- 2 Millais Secondary School _____
- 3 Hurstpierpoint College _____
- 4 Dorothy Stringer School _____
- 5 Heathfield Community College _____
- 6 Brighton College _____
- 7 Roedean School _____
- 8 _____

Heat 3

- 1 _____
- 2 _____
- 3 Seaford Head School _____
- 4 Warden Park _____
- 5 Cardinal Newman Catholic School _____
- 6 Bishop Luffa _____
- 7 St Richard's Catholic College _____
- 8 _____

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____

Event 3 Junior Girls 4x50m Freestyle Relay

Heat 1

- 1 Heathfield Community College B _____
- 2 Worthing High _____
- 3 Warden Park _____
- 4 Ark Alexandra Academy _____
- 5 Dorothy Stringer School _____
- 6 Ardingly College _____
- 7 Seaford Head School _____
- 8 Roedean School _____

Heat 2

- 1 _____
- 2 Heathfield Community College _____
- 3 St Richard's Catholic College _____
- 4 Battle Abbey School _____
- 5 Cardinal Newman Catholic School _____
- 6 Millais Secondary School _____
- 7 Bishop Luffa _____
- 8 Hurstpierpoint College _____

Event 4 Senior Girls 4x50m Medley Relay**Heat 1**

1	_____
2 Heathfield Community College B	_____
3 Bishop Luffa	_____
4 Eastbourne College	_____
5 Worthing High	_____
6 Cardinal Newman Catholic School	_____
7 Roedean School	_____
8 Ardingly College	_____

Heat 2

1	_____
2 Heathfield Community College	_____
3 Brighton College	_____
4 Millais Secondary School	_____
5 Battle Abbey School	_____
6 Hurstpierpoint College	_____
7 Seaford Head School	_____
8	_____

Event 5 Intermediate Girls 4x50m Medley Relay**Heat 1**

1	_____
2 Millais Secondary School B	_____
3 Brighton College	_____
4 Dorothy Stringer School	_____
5 Worthing High	_____
6 Cardinal Newman Catholic School	_____
7 Roedean School	_____
8	_____

Heat 2

1	_____
2 Millais Secondary School	_____
3 Eastbourne College	_____
4 Ark Alexandra Academy	_____
5 Seaford Head School	_____
6 Warden Park	_____
7 Ardingly College	_____
8	_____

Heat 3

1	_____
2	_____
3 Hurstpierpoint College	_____
4 St Richard's Catholic College	_____
5 Battle Abbey School	_____
6 Heathfield Community College	_____
7 Bishop Luffa	_____
8	_____

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____
7	_____
8	_____

Event 6 Junior Girls 4x50m Medley Relay**Heat 1**

1 Heathfield Community College B	_____
2 Seaford Head School	_____
3 Ardingly College	_____
4 Battle Abbey School	_____
5 Ark Alexandra Academy	_____
6 Bishop Luffa	_____
7 Millais Secondary School	_____
8 Cardinal Newman Catholic School	_____

Heat 2

1	_____
2 Heathfield Community College	_____
3 St Richard's Catholic College	_____
4 Dorothy Stringer School	_____
5 Roedean School	_____
6 Warden Park	_____
7 Hurstpierpoint College	_____
8 Worthing High	_____

Event 7 Senior Boys 4x50m Freestyle Relay**Heat 1**

1	
2	Heathfield Community College
3	Seaford Head School
4	Worthing High
5	Bishop Luffa
6	Brighton College
7	Cardinal Newman Catholic School
8	Hurstpierpoint College

Heat 2

1	
2	Eastbourne College
3	The Forest School
4	The College of Richard Collyer
5	Battle Abbey School
6	Bede's
7	Ardingly College
8	

Event 8 Intermediate Boys 4x50m Freestyle Relay**Heat 1**

1	Eastbourne College B
2	Warden Park
3	Cardinal Newman Catholic School
4	The Forest School
5	Bishop Luffa
6	Brighton College
7	St Richard's Catholic College
8	Ardingly College

Heat 2

1	Eastbourne College
2	Seaford Head School
3	Bede's
4	Battle Abbey School
5	Worthing High
6	Hurstpierpoint College
7	Dorothy Stringer School
8	Heathfield Community College

Event 9 Junior Boys 4x50m Freestyle Relay**Heat 1**

1	The Forest School
2	Brighton College
3	Hurstpierpoint College
4	Bishop Luffa
5	Ark Alexandra Academy
6	Worthing High
7	Warden Park
8	Battle Abbey School

Heat 2

1	
2	Ardingly College
3	Dorothy Stringer School
4	Seaford Head School
5	Cardinal Newman Catholic School
6	Bede's
7	St Richard's Catholic College
8	Heathfield Community College

Event 10 Senior Boys 4x50m Medley Relay**Heat 1**

1	
2	The College of Richard Collyer
3	Bishop Luffa
4	Brighton College
5	Heathfield Community College
6	Eastbourne College
7	Hurstpierpoint College
8	Seaford Head School

Heat 2

1	
2	Ardingly College
3	The Forest School
4	Worthing High
5	Battle Abbey School
6	Bede's
7	Cardinal Newman Catholic Schc
8	

Event 11 Intermediate Boys 4x50m Medley Relay**Heat 1**

1	Eastbourne College B
2	St Richard's Catholic College
3	Heathfield Community College
4	Hurstpierpoint College
5	Bishop Luffa
6	Brighton College
7	Bede's
8	Seaford Head School

Heat 2

1	Eastbourne College
2	The Forest School
3	Ardingly College
4	Battle Abbey School
5	Warden Park
6	Dorothy Stringer School
7	Worthing High
8	Cardinal Newman Catholic School

Event 12 Junior Boys 4x50m Medley Relay**Heat 1**

1	Brighton College
2	Seaford Head School
3	Ark Alexandra Academy
4	St Richard's Catholic College
5	Heathfield Community College
6	Ardingly College
7	Hurstpierpoint College
8	Battle Abbey School

Heat 2

1	
2	Warden Park
3	Worthing High
4	Bishop Luffa
5	Dorothy Stringer School
6	Bede's
7	Cardinal Newman Catholic Schc
8	The Forest School